

ABSTRAK

Program Studi Keperawatan
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HUBUNGAN ANTARA BEBAN KERJA DENGAN KINERJA PERAWAT DI RUANG IGD DAN ICU RSI PKU MUHAMMADIYAH PEKAJANGAN PEKALONGAN

xvi + 76 Hal + 14 Tabel + 2 Gambar + 8 Lampiran

Latar Belakang: Ruang IGD dan ICU adalah lingkungan kerja yang penuh dengan tekanan pekerjaan. Petugas medis di ruang tersebut selalu dituntut untuk bertindak cepat dan tepat dalam memberikan pertolongan kepada pasien yang berada dalam kondisi kritis. Petugas dihadapkan dengan pasien-pasien yang membutuhkan penanganan segera dan intensif yang dapat menyebabkan terjadinya peningkatan beban kerja perawat. Besarnya tugas dan fungsi perawat terutama perawat IGD dan ICU dikaitkan dengan kinerja perawat.

Metode: Penelitian ini menggunakan metode kuantitatif dengan studi kausal (*causal study*) melalui pendekatan *cross-sectional*. Penelitian dilakukan pada 30 responden yang memenuhi kriteria inklusi di ruang IGD dan ICU RSI PKU Muhammadiyah Pekajangan Pekalongan, pada Maret s.d Juli 2025.

Hasil: Hasil penelitian menunjukkan bahwa sebagian besar responden mengalami beban kerja sedang yaitu sejumlah 15 responden (50%), dan memiliki kinerja yang baik yaitu sejumlah 27 responden (90%). Responden yang memiliki beban kerja berat dengan kinerja baik sejumlah 5 responden (16,7%), beban kerja sedang dengan kinerja baik sejumlah 13 responden (43,3%) dan beban kerja ringan dengan kinerja baik sebanyak 9 responden (30,0%). Hasil pengujian hipotesis korelasi *Spearman rank* didapatkan hasil nilai Sig (2-tailed) = 0,182 dengan $p = 0,250$.

Simpulan: Tidak terdapat hubungan signifikan antara beban kerja dengan kinerja perawat di ruang IGD dan ICU RSI PKU Muhammadiyah Pekajangan Pekalongan.

Kata Kunci: beban kerja, kinerja, perawat IGD, perawat ICU.

Daftar Pustaka: 82 (2014-2024)

ABSTRACT

Nursing Study Programme
University Widya Husada Semarang
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THE CORRELATION BETWEEN WORKLOADS AND PERFORMANCE AMONG NURSES AT EMERGENCY ROOM AND INTENSIVE CARE UNIT IN RSI PKU MUHAMMADIYAH PEKAJANGAN PEKALONGAN

xvi + 76 pages + 14 tables + 2 figures + 8 attachments

Backgrounds: Emergency departments and Intensive Care Units are the most heavy-workloaded field in the hospital area. Their medical personnel are required to provide initial treatment for a broad spectrum of illnesses and injuries which might be life-threatening and intensive and specialized medical and nursing care for critically ill patients. ER and ICU nurses face heavy workloads due to plenty cases of illnesses and several administrative duties on daily basis. It may causes the increase of their burden and affects the performances.

Methods: The research was using causal study method and cross-sectional approach. There were 30 respondents who agreed to be participate in this research, whom are ER and ICU nurses in RSI PKU Muhammadiyah Pekajangan Pekalongan. The research was held on March to July 2025.

Results: The results showed that half of the entire respondents were experienced moderate workloads, which were 15 out of 30 respondents (50%), yet most of them showed good performances which were 27 out of 30 respondents (90%). Respondents who were happened to have good performance with; heavy workloads were 5 respondents (16,7%), moderate workloads were 13 respondents (43,3%), and mild workloads were 9 respondents (30,0%). The data were analitically assessed using Spearman rank correlation coefficients. The result showed that the value of Sig (2-tailed) was 0,812 and the p was 0,250.

Conclusion: There was no significant correlation within workloads and performance on ER and ICU nurses in RSI PKU Muhammadiyah Pekajangan Pekalongan.

Keywords: workloads, performance, emergency room nurses, intensive care unit nurses.

References: 82 (2014-2024)