

ABSTRAK

Tuti Alawiyah

**PENGARUH KONSELING *MOTIVATIONAL INTERVIEWING*
TERHADAP KEPATUHAN MINUM OBAT PADA PASIEN
TUBERKULOSIS PARU DI RSUD BATANG**

xiv + 126 Hal + 2 Tabel + 1 Gambar

Latar Belakang : Kepatuhan dalam minum obat sangat penting bagi pasien tuberkulosis paru karena dapat memastikan bahwa infeksi tuberkulosis terkendali dan tidak menyebar ke orang lain. Konseling *motivational interviewing* dapat membantu pasien tuberkulosis meningkatkan kepatuhan minum obat dengan pendekatan pemberian informasi yang empatik dan mendukung. Melalui teknik ini, konselor dapat menumbuhkan motivasi internal pasien untuk mengatasi hambatan-hambatan yang muncul terkait minum obat secara teratur.

Metode : Penelitian ini sudah melalui proses layak etik dengan No. 000.9/002/KEPKRSUDBTG/1/2025. Jenis penelitian ini adalah kuantitatif, metode quasy eksperimental dengan rancangan one group pretest-posttest without control design. Teknik sampling dalam penelitian ini menggunakan purposive sampling sebanyak 30 responden. Analisa data menggunakan analisa univariat dan bivariat dengan uji Wilcoxon rank.

Hasil : Hasil penelitian menunjukkan : Tingkat kepatuhan pasien minum obat TB sebelum konseling *Motivational Interviewing* yaitu kategori sedang dan kategori rendah. Tingkat kepatuhan pasien minum obat TB sesudah konseling *Motivational Interviewing* mengalami peningkatan yaitu kategori tinggi dan kategori sedang. Terdapat pengaruh konseling *motivational interviewing* terhadap Kepatuhan Minum Obat pada Pasien Tuberkulosis Paru di RSUD Batang.

Kesimpulan : Terdapat perbedaan yang signifikan antara hasil kepatuhan minum obat TB sebelum dan sesudah konseling *motivational interviewing* di RSUD Batang.

Kata Kunci : Motivational interviewing, kepatuhan minum obat, pasien tuberkulosis paru

Daftar Pustaka : 47 (2017-2024)

ABSTRACT

Tuti Alawiyah

**THE EFFECT OF MOTIVATIONAL INTERVIEWING COUNSELING ON
MEDICATION COMPLIANCE IN PULMONARY TUBERCULOSIS
PATIENTS AT BATANG REGIONAL HOSPITAL**

xiv + 126 Things + 2 Tables + 1 Figures

Background : Compliance with taking medication is very important for pulmonary tuberculosis patients because it can ensure that the tuberculosis infection is controlled and does not spread to other people. Motivational interviewing counseling can help tuberculosis patients increase medication adherence with an empathetic and supportive approach to providing information. Through this technique, counselors can foster the patient's internal motivation to overcome obstacles that arise related to taking medication regularly.

Methods : This research has gone through an ethical process with No. 000.9/002/KEPKRSUDBTG/1/2025. This type of research is quantitative, a quasi-experimental method with a one group pretest-posttest without control design. The sampling technique in this research used purposive sampling of 30 respondents. Data analysis used univariate and bivariate analysis with the Wilcoxon rank test.

Result : The research results show: The patient's level of compliance with taking TB medication before Motivational Interviewing counseling is in the medium category and the low category. The level of patient compliance in taking TB medication after Motivational Interviewing counseling has increased, namely the high category and the medium category. There is an influence of motivational interviewing counseling on medication adherence in pulmonary tuberculosis patients at Batang Regional Hospital.

Conclusion : There is a significant difference between the results of compliance with taking TB medication before and after counseling motivational interviewing at Batang Regional Hospital.

Keyword : Motivational interviewing, medication adherence, pulmonary tuberculosis patients

Reference : 47 (2017-2024)